



**PATHWAYS TO HEALTH CAREERS**

Southwest Center for Health Innovation

<http://swchi.org/forward-nm/>

<https://www.facebook.com/ForwardNM>

# Quarterly Newsletter

October. November. December.  
2016

## Dream Makers off to a Great Start!

Dream Makers is an after-school club sponsored by University of New Mexico Office for Diversity and FORWARD NM. This club is currently underway at La Plata Middle School (Silver City), Aldo Middle School (Silver City), and Red Mountain Middle School (Deming). These clubs meet every two weeks at their respective schools. During these sessions, a variety of medical professionals and students in health related programs share their knowledge and guide students through various hands-on activities related healthcare careers.

This year, the students have enjoyed fascinating presentations about Sports Medicine, Suturing, and STEM Education. Other presentations coming this school year will include Oriental Medicine, Veterinary Careers, and a Piglet Dissection. These are all sure to capture the students' attention and spark their interest in a range of health related professions!

In addition to these presentations, students and their parents will have the opportunity to learn about Western New Mexico University's Dual Accreditation program. Dates for this presentation are as follows:

Red Mountain Middle School- December 7, 2016 @ 3:30pm

La Plata Middle School- December 14, 2016 @ 6:00pm

Aldo Middle School- December 15, 2016 @ 5:00pm

**For more information, please contact the FORWARD NM team at 575-597-0036 or 575-597-0030.**

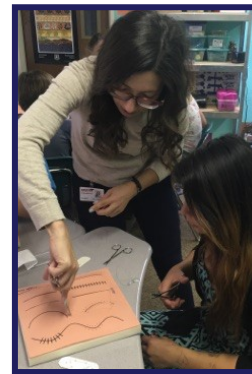
### Special points of interest:

- Dream Makers
- Rotating Learners
- Considering Medical Careers in NM
- Special Thanks
- Dates of Interest



Pictured to the left is Jaime Weinand, Medical student from Boston University, leading a suturing session at Red Mountain Middle School.

Pictured to the right is Michelle Blumenschine, Medical student from University of Arizona, leading the suturing session at Aldo Middle School. Michelle also led the session at La Plata Middle School.



Audra Walker, Student from La Plata Middle School, practicing her suturing.

## Fall Rotating Learners

As part of a workforce pipeline FORWARD NM coordinates rotations for many learners each year from various disciplines. These include family medicine residents, and students in Medical, Dental, Physician Assistant, etc.

Program staff work closely with the students to introduce them to the clinic and appealing aspects of the community.

Following the rotation many of our student learners offer insightful and motivating feedback. Here are some comments from students who recently completed their rural rotations in our area.



*"Working in a rural, underserved area with such a friendly, warm community was easily one of the best experiences I have ever had in medicine, and I feel honored to call myself a part of family medicine after witnessing and taking part in such an amazing family practice rural clinic in action!" -Jaime Weinand, Medical Student from Boston University.*



*"I felt extremely welcomed into HMS and the community of Silver City. Truly enjoyed my experiences during this rotation and feel as though I am leaving with a better understanding of patient care and rural medicine." -Madeline Edwards, PA student from Northern Arizona University*

## Have you ever considered in becoming a doctor in NM?

Author: Lori Ann Loera, Program Manager for the NM Primary Care Training Consortium

Did you know that New Mexico has the oldest physician workforce in the country? That means in ten years, we are expecting the majority of our doctors to retire! You probably ask who will take these doctor's positions? Well, good question! As young aspiring healthcare leaders, we would like for you to consider becoming a primary care physician to work in your very own community! Just imagine - helping your high school friend's mom be cured from cancer or helping your next-door neighbor heal from a car accident, or maybe your college best friend is expecting a baby and you help make sure her pregnancy is on track and the baby is as healthy as can be. Yes, that can be YOU! Once you decide to become a primary care doctor in New Mexico and you finish medical school, the NM Primary Care Training Consortium can help you find a suitable family medicine residency program to ensure you receive a high quality, yet community-like experience so that you will become a well-rounded primary care physician. Be on the lookout for more updates from our programs in the next newsletter. We encourage you to visit our website at [www.newmexicoresidencies.org](http://www.newmexicoresidencies.org) and if you are a Facebooker, visit us at [Facebook.com/NMPCTC](https://www.facebook.com/NMPCTC).

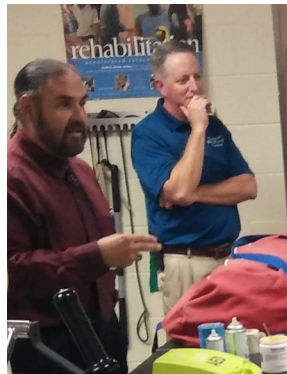
Last but not least, we want to congratulate all of you who participated in this year's Summer Academies! We are very proud of your successes and know that each one of you will continue to amaze us as you work to pursue your dreams of becoming a healthcare professional. Until next time!



Dr. Hines, Veterinarian



Dr. Bradberry & Deuce,  
Advanced Veterinary Care



Dr. Carreon & Mike McMillan,  
Southwest Bone & Joint  
Institute



Jaime Weinand, Medical  
Student, Boston University



Melinda Jones, PA  
Student NAU



Michelle Blumenschine,  
Medical Student, U of A



Jocelyn Rowse, WNMU Student

## Calendar of Health Care Recognition Days

### OCTOBER

#### American Pharmacists Month

American Pharmacists Month recognizes the significant contributions to healthcare and the commitment to patient care by pharmacists in all practice settings around the country.

American Pharmacists Association  
[www.pharmacist.com](http://www.pharmacist.com)

#### National Dental Hygiene Month

National Dental Hygiene Month focuses on increasing public awareness of the importance of educating the entire family on situations impacting their oral health.

American Dental Hygienists Association  
[www.adha.org](http://www.adha.org)

### NOVEMBER

#### National Alzheimer's Disease Awareness Month

This event is centered on recognizing all those living with Alzheimer's disease and honoring the more than 15 million caregivers, including families and friends, who support them.

Alzheimer's Association | [www.alz.org](http://www.alz.org)

#### National Hospice & Palliative Care Month

The National Hospice and Palliative Care Organization dedicates November to raising awareness about high-quality end-of-life care.

Hospice care professionals provide pain management, psychosocial support and spiritual care to nearly 1.6 million people who live with a life-limiting illness. National Hospice and Palliative Care Organization

[www.nhpco.org](http://www.nhpco.org)

### DECEMBER

#### December 4-10- National Influenza Vaccination Week

National Influenza Vaccination Week (NIVW) is a national observance that was established to highlight the importance of continuing Influenza vaccination. We are grateful for all the clinicians who make this possible@ Centers for Disease Control and Prevention [www.cdc.gov](http://www.cdc.gov)

[www.cdc.gov](http://www.cdc.gov)

#### December 3-International Day of Persons with Disabilities

Over one billion people, or approximately 15 percent of the world's population, live with some form of disability. This day provides an opportunity to raise awareness of disability and further the global efforts to promote accessibility, remove all types of barriers and realize the full and equal participation of persons with disabilities in society. Physical and Occupational Therapists, Speech-Language pathologists and clinical social workers are among the professions that traditionally work with persons with disabilities

United Nations | [www.un.org](http://www.un.org)